

Psychic Junkie: A Memoir by Sarah Lassez



In her raw and deeply personal memoir, "Psychic Junkie," Sarah Lassez takes readers on a rollercoaster ride through her life as a self-proclaimed psychic junkie. From childhood encounters with the paranormal to adulthood struggles with addiction and mental illness, Lassez lays bare her

soul, offering a candid and unflinching account of her journey to self-discovery.



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★★★★☆ 4.3 out of 5

Language : English

File size : 739 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 336 pages



Early Experiences

Lassez's fascination with the supernatural began at an early age. She recalls experiencing vivid dreams and visions, often interacting with spirits and entities beyond the physical realm. As a teenager, she sought refuge in the occult, delving into astrology, tarot cards, and other forms of divination. While these practices initially provided her with a sense of purpose and belonging, they ultimately became a crutch, fueling her addiction to the extraordinary.

Addiction and Struggle

Lassez's dependence on psychic experiences spiraled into a full-blown addiction. She immersed herself in the world of psychics, mediums, and healers, spending countless hours and money seeking validation and guidance. However, this relentless pursuit of the supernatural left her feeling empty and disconnected from reality. In her desperation, Lassez

turned to drugs and alcohol as a means of self-medication, further entrenching herself in a cycle of addiction and self-destructiveness.

Confronting the Darkness

As Lassez's addiction worsened, so too did her mental health. She suffered from severe depression, anxiety, and hallucinations, which often manifested as disembodied voices and terrifying visions. In a moment of crisis, she realized that her pursuit of the supernatural had led her down a dangerous path. With the support of loved ones and professionals, Lassez embarked on a journey of recovery, confronting her demons and grappling with the complexities of her past.

The Road to Recovery

Lassez's recovery from psychic addiction was a difficult and challenging process. She had to learn to live without the constant reliance on psychic experiences and embrace the reality of her existence. Through therapy, introspection, and the support of others, she gradually rebuilt her life, finding strength and purpose in her own humanity. Lassez realized that true spirituality lay not in seeking external validation but in the deep connection to oneself and the world around them.

Legacy and Impact

"Psychic Junkie" has received critical acclaim for its honesty, vulnerability, and insightful exploration of the human condition. Lassez's memoir has resonated with countless readers who have struggled with addiction, mental illness, or the search for meaning in life. Her story serves as a beacon of hope, reminding us that even in the darkest of times, recovery and redemption are possible.

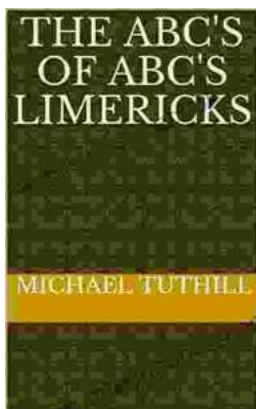
Sarah Lassez's "Psychic Junkie" is a powerful and moving memoir that offers a rare glimpse into the world of psychic addiction and recovery. Through her unflinching honesty and courage, Lassez provides a cautionary tale about the dangers of seeking validation outside of oneself. Ultimately, her journey reminds us that true healing and fulfillment can only be found within.



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