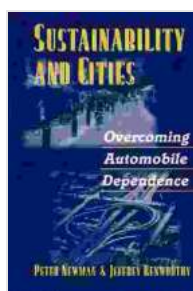


Sustainability and Cities: Overcoming Automobile Dependence

Cities are the heart of our society, but they are also a major source of pollution and traffic congestion. Automobile dependence is a key factor in these problems, and it is essential that we find ways to reduce our reliance on cars.

There are a number of challenges associated with automobile dependence. First, cars are a major source of air pollution. They emit harmful pollutants such as carbon monoxide, nitrogen oxides, and particulate matter. These pollutants can cause a variety of health problems, including respiratory problems, heart disease, and cancer.

Second, cars are a major contributor to traffic congestion. In many cities, traffic congestion is a daily occurrence. This congestion can waste time, fuel, and money. It can also make it difficult to get around the city, especially for people who do not own cars.



Sustainability and Cities: Overcoming Automobile Dependence by Sachiyo Ishii

★★★★☆ 4.6 out of 5

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Print length : 746 pages
Screen Reader : Supported

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Third, cars are a major consumer of land. In the United States, cars take up more land than any other use, including housing and commercial development. This land consumption can lead to sprawl, which can increase transportation costs and make it more difficult to create sustainable communities.

There are a number of benefits to overcoming automobile dependence in cities. First, reducing car traffic can improve air quality. This can lead to a number of health benefits, including reduced respiratory problems, heart disease, and cancer.

Second, reducing car traffic can reduce traffic congestion. This can save time, fuel, and money. It can also make it easier to get around the city, especially for people who do not own cars.

Third, reducing car traffic can free up land for other uses. This land can be used for housing, parks, or other public spaces. This can make cities more livable and sustainable.

There are a number of solutions that can be implemented to overcome automobile dependence in cities. These solutions include:

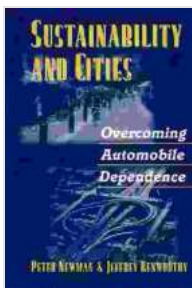
- **Investing in public transit.** Public transit is a more sustainable alternative to driving, and it can help to reduce traffic congestion. Cities should invest in expanding and improving their public transit systems.
- **Making walking and biking more accessible and safe.** Walking and biking are great ways to get around the city, and they are much more sustainable than driving. Cities should invest in making walking and

biking more accessible and safe by building sidewalks, bike lanes, and other infrastructure.

- **Promoting car sharing.** Car sharing is a great way to reduce the number of cars on the road. Cities should promote car sharing by providing designated parking spaces and other incentives.
- **Encouraging mixed-use development.** Mixed-use development is a type of development that includes a mix of residential, commercial, and office space. This type of development can help to reduce automobile dependence by making it easier to live and work close to each other.

Overcoming automobile dependence in cities is a complex challenge, but it is one that is essential to creating more sustainable and livable communities. There are a number of solutions that can be implemented to achieve this goal, and it is important that cities begin to invest in these solutions today.

By reducing our reliance on cars, we can create cities that are healthier, more prosperous, and more sustainable.



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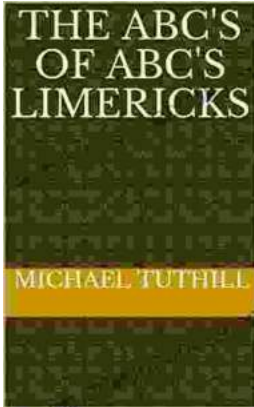
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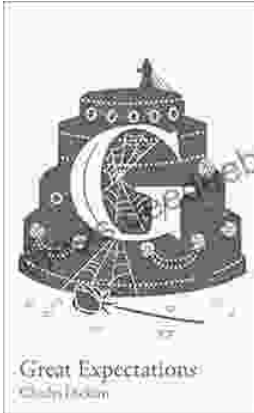
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